



Sensory Sunday Participant Guide



Introduction

Thank you for joining us for our Sensory Sunday! The Museum is committed to providing inclusive experiences for all visitors and we are excited to welcome you at the museum for this special program series. Designed for families of children, teenagers, and young adults with disabilities who are neurodiverse, on the autism spectrum, or have sensory processing disorders or cognitive disabilities, Sensory Sundays provide a sensory inclusive experience during your visit to the Museum. Enjoy building block activities, a sensory room, an incredible foam station, and a touch tour of our permanent exhibition, *Tropical Dreams: A People's History of South Florida*, or explore the museum's exhibitions at your own pace.

Spaces in the museum will have modified lighting and sound to support a sensory inclusive environment. Quiet areas and a sensory room will also be available. Community resource providers will be available on-site.

Our Sensory Sunday programming will take place before the museum is open to the public from 10:00 am – 1:00 pm.

Requesting Accommodations

HistoryMiami Museum is committed to providing inclusive experiences for all visitors. To request materials in accessible format, sign language interpreters, and/or any disability accommodation, please contact Darianne Hernandez, Visitor Services Manager, at accessibility@historymiami.org or call (305) 375-1651 at least two weeks in advance of your visit to initiate your request. TTY users may also call 711 (Florida Relay Service).

To learn more about HistoryMiami Museum's accessibility, visit <https://historymiami.org/plan-your-visit/accessibility/>.



Getting to the Museum

Parking

HistoryMiami Museum is located at 101 West Flagler Street on the plaza level of the Miami-Dade Cultural Center. You can park in the **West Lot Garage**. To get to the museum, exit the Garage and make a right on NW second Avenue. Make a left at Flagler Street and the stairs to the museum are on the left. Parking for Museum visitors with validation is a flat rate of \$5. Parking may be validated at the Museum's Visitor Services desk.

West Lot Garage: 220 NW 3rd Street

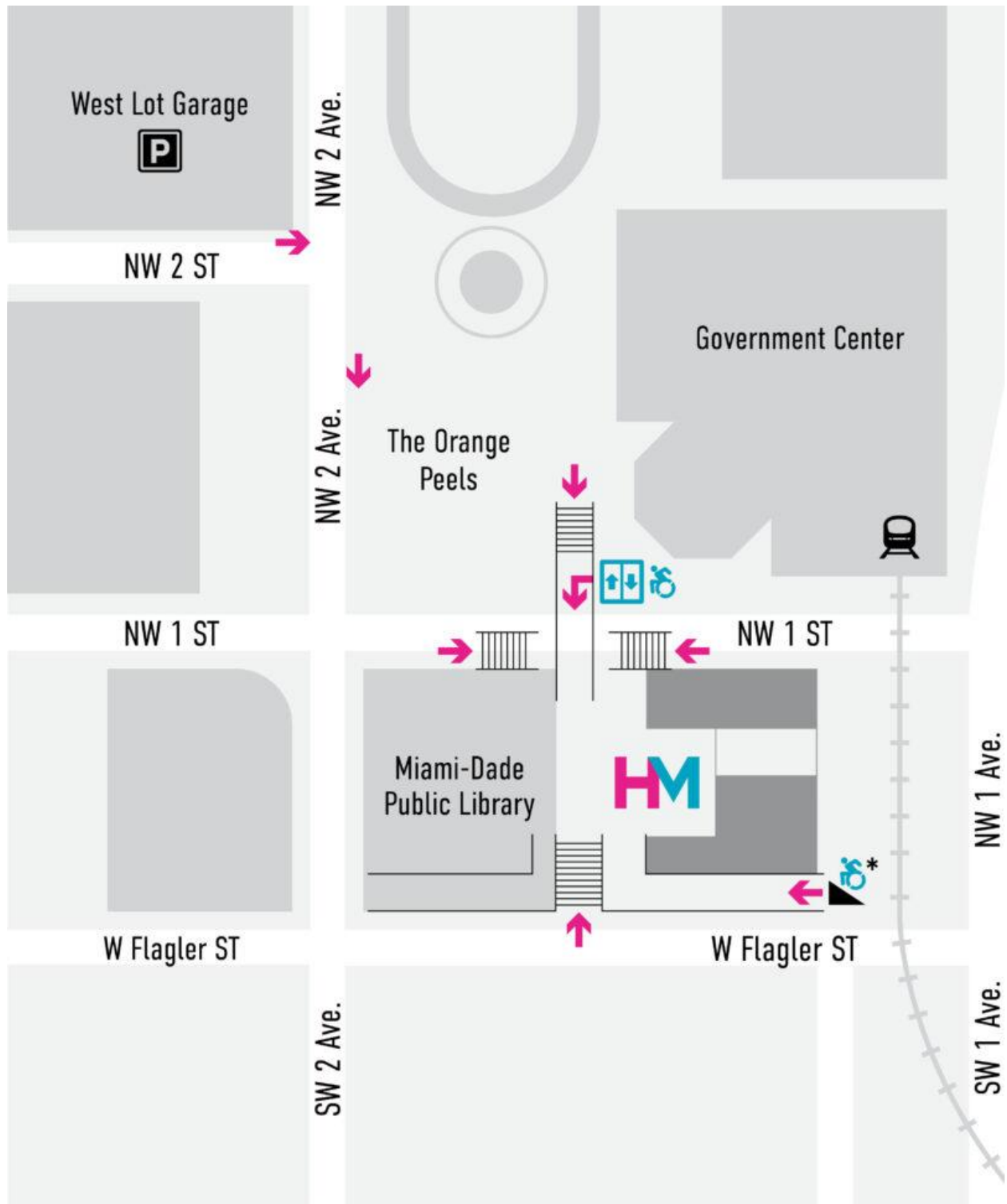
Please note the museum does not own or operate the west Lot Parking Garage. For questions and concerns, please visit the Parking Attendant Office of the West Lot Garage. For further assistance, contact Miami-Dade County Internal Services Department, Parking Operations at (305) 679-7275.

Public Transit

The Museum is conveniently located across from Government Center Station. To access the Miami-Dade Cultural Center Plaza, you may choose to take the stairs, the ramp, or an elevator up to the second floor. See below a plaza map with arrows identifying the accessible routes.

Drop-off Areas

HistoryMiami Museum is located on the plaza level on the Miami-Dade Cultural Center across from the Miami Dade County Library. There are multiple ways you can enter the plaza level. You can take the stairwell to the plaza level located on Flagler Street across from, a ramp near the corner of Flagler and NW 1st Avenue, or the stairs located on NW 1st street across from the Government Center. Please see the map below for the accessible routes to the Miami-Dade Cultural Center Plaza.



Map not to scale. *Ramp access may not be fully accessible.



Entrances

The Museum is located on the plaza level of the Miami-Dade Cultural Center. The plaza level is accessible by elevator from Government Center.

The Museum is comprised of two buildings, North Building and South Building. The North Building is equipped with automatic sliding doors, which are centrally located. The South Building is equipped with a power-assist door on the far left of the entryway.

Sensory Sunday will take place in both the museum's North Building and South Building. You may choose to check-in in either building. Please see the museum's Visitor Guidelines prior to your visit.

<https://historymiami.org/visitor-guidelines/>



Sensory Sunday Program Schedule

The following activities will be ongoing between 10:00 am and 1:00 pm:



Check-in

Ongoing from 10:00 am to 1:00 pm
North or South Building Lobbies

Check-in at the check-in table in the lobby of both our North and South Buildings. At check-in, you will be asked for the name(s) you have registered under for the Sensory Sunday program. Visitors will receive and asked to wear a wristband to show that you have checked in.

You may check out a Sensory Backpack and noise-reducing headphones to be used at the museum at the Visitor Services Desk. Please return these items at the end of your visit to the museum.



Activity Station

Building Blocks

Ongoing from 10:00 am to 1:00 pm
North Building Mural Gallery

A building blocks station for quiet, hands-on play, will be available in our North Building Mural Gallery. This drop-in activity will be ongoing throughout the morning.



Activity Station

Incredible Foam Station

Ongoing from 10:00 am to 1:00 pm
Folklife Gallery

An incredible foam station for quiet, hands-on play, with be available in our Folklife Gallery, located on the lobby level of the museum's South Building. This drop-in activity will be ongoing throughout the morning.



Sensory Sunday Program Schedule cont'd

The following activities will be ongoing between 10:00 am and 1:00 pm:



Activity Station

Tropical Dreams: A People's History of South Florida Touch Tables

Ongoing from 10:00 am to 1:00 pm
North Building, Third Floor

If you prefer to explore the museum's exhibitions at your own pace, you can visit our three touch tables located inside our *Tropical Dreams* exhibition. Hosted by our Museum Educators, each table will have items from our teaching collection that help tell the story of South Florida's history. This drop-in activity will be ongoing throughout the morning.



Activity Station

Sensory Room

Ongoing from 10:00 am to 1:00 pm
South Building, Theater

Experience the museum's sensory room, located in the museum's South Building Theater. Explore the sensory room's interactives in this low light environment. The sensory room will be available throughout the morning.

Self-Guided Experience

Ongoing from 10:00 am to 1:00 pm
North and South Building Exhibitions



Explore the museum's exhibitions at your own pace! View *Tropical Dreams: A People's History of South Florida*; *Miami, The Magic City* photography exhibition; and our *Whitman Family Gallery* in the museum's North Building. See the *It's A Miami Thing* exhibition, Folklife Gallery, and temporary exhibitions in our South Building. Learn more about our current: <https://historymiami.org/current-exhibitions/>

Sensory Sunday Program Schedule cont'd

The following activities are timed:



Tour Waiting Area

Guided Tour of *Tropical Dreams: A People's History of South Florida*

From 11:00 am to 11:30am
North Building, Third Floor.
Tour group will meet at the
top of the staircase in the
exhibition.

Enjoy a guided highlights tour of our exhibition *Tropical Dreams: A People's History of South Florida*! This tour will include stops at our touch tables, which will have items from our teaching collection to explore. Tour group to meet at the top of the staircase inside the exhibition.



I will be visiting HistoryMiami Museum. Following the guidelines below will help me stay safe and have fun. While visiting, I will follow the museum guidelines.



I will move at a moderate pace throughout the museum



I will use my listening ears or eyes to follow instructions from my caregivers and museum staff



I will stay with my group while visiting the museum



I will use talking voices while inside the museum



I will wait patiently and take turns sharing the museum space and activities



If I feel overwhelmed, frustrated, or need a break, I will ask for help from my group members or museum staff